

Press Kit for JerNae Dickens Brown, LCPC, Founder of NE Beautiful Mind, LLC

Press Contact

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Location: Washington, DC/ Atlanta, Georgia

About Jer’Nae Dickens Brown, MA Ed & HD, LPC, LCPC, NCC

Jer’Nae Dickens Brown is a Licensed Clinical Professional Counselor (LCPC) and the visionary founder of NE Beautiful Mind, LLC. With a deep commitment to mental health advocacy, Jer’Nae is a trusted professional who works to support adolescents, young adults, and industry professionals in high-pressure environments. Specializing in Sports & Entertainment Therapy, Jer’Nae has built her career around a passion for helping others navigate personal challenges, optimize mental well-being, and live balanced, fulfilling lives.

About NE Beautiful Mind, LLC

Founded by Jer’Nae Dickens Brown, NE Beautiful Mind, LLC is a mental health organization dedicated to empowering individuals through specialized therapeutic services. NE Beautiful Mind focuses on the unique needs of athletes, performers, and entertainment professionals. Its core mission is to create a safe and supportive environment that fosters resilience, confidence, and personal growth while breaking the stereotypes associated with mental health in high-performance industries.

NE Beautiful Mind offers services in three main areas:

1. Youth & Young Adult Therapy

Designed to meet the developmental and emotional needs of young individuals, these services help clients process emotions, develop coping skills, and foster resilience.

2. Sports & Entertainment Therapy

Tailored to meet the unique challenges faced by professionals in sports and entertainment, this service helps clients manage career pressures, build confidence, and enhance mental resilience.

3. Training & Consulting

Jer'Nae provides consulting services to organizations seeking to improve mental health practices within their workforce, creating supportive environments for employees at all levels.

Mission Statement

N.E. Beautiful Mind, LLC is dedicated to transforming lives by fostering a holistic and positive therapeutic mindset. Her mission is to empower individuals to tap into their full potential through mindfulness, resilience, and self-discovery. Founded by Jer'Nae Dickens Brown, her organization is committed to creating a safe, nurturing space where clients can break free from limiting beliefs, embrace mental resilience, and cultivate a mindset that supports sustainable growth, balance, and well-being. By promoting mindful awareness and practical strategies, she helps clients build a foundation for lifelong empowerment, self-confidence, and purposeful living.

Specialized Sports & Entertainment Mental Health Therapy

Jer'Nae provides tailored mental health services that understand the unique needs of athletes, artists, and industry professionals. With a focus on resilience, stress management, and performance, she equips clients to navigate the highs and lows of their careers.

Safe and Empowering Environment

NE Beautiful Mind is dedicated to creating a judgment-free space for its clients. Jer’Nae’s approach is compassionate, understanding, and free from stereotypes, ensuring that each individual feels seen, heard, and valued.

Practical Techniques for Mental Resilience

Through her work, Jer’Nae equips clients with real-life skills in stress management, emotional regulation, and confidence-building, empowering them to face life’s challenges with strength and resilience.

Jer’Nae Dickens Brown’s Background

Jer’Nae brings extensive experience in mental health counseling, specializing in areas that allow her to serve talented yet often overlooked populations. Her background as a Licensed Clinical Professional Counselor includes experience working with both adolescents and adults in individual and group settings. She combines her academic training with an empathetic approach, meeting her clients where they are and guiding them toward mental clarity and self-empowerment.

Speaking Engagements & Workshops

As an advocate for mental health in the sports and entertainment industries, Jer’Nae is available for speaking engagements, workshops, and panel discussions on topics such as:

- Mental Health in High-Performance Careers
- Building Resilience & Confidence Under Pressure
- Stress Management Techniques for Athletes and Artists
- Breaking the Mental Health Stigma in Entertainment and Sports

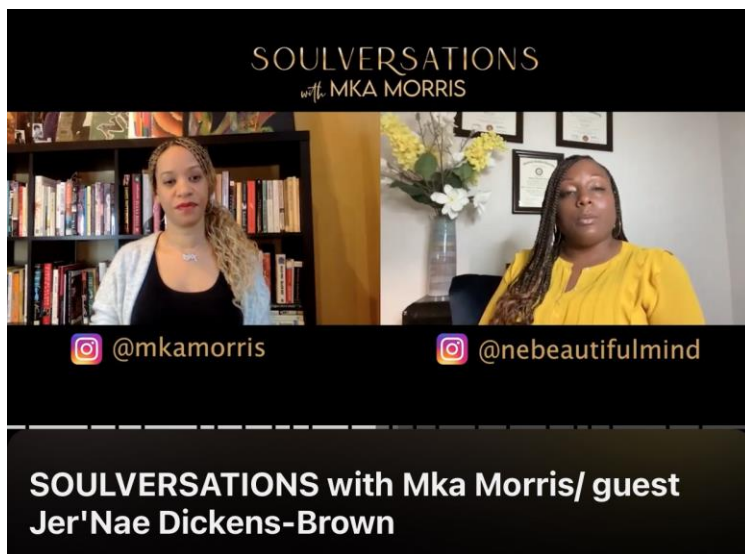
Headshots – Professional photos of Jer’Nae Dickens Brown







Click the link below to watch an interview:



<https://www.youtube.com/watch?v=0pW9yYwS6zo&t=1378s>

NE Beautiful Mind Logo

N.E.
Beautiful Mind

Client Testimonials– Available upon request

Contact Information

For press inquiries, interviews, and speaking engagements, please contact:

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Follow Jer’Nae Dickens Brown & NE Beautiful Mind

Stay connected and follow NE Beautiful Mind for updates, insights, and resources:

Website: <https://nebeautifulmind.com/>

LinkedIn: <https://www.linkedin.com/in/jer-nae-dickens-brown-lpc-lcpc-ncc-99bb8235/>

Instagram: <https://www.instagram.com/nebeautifulmind/>

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